

## A GUIDE TO THE INDIVIDUAL READY RESERVE

**There is much more to the Individual Ready Reserve (IRR) than completing correspondence courses for retirement point credit. The following information will help explain the responsibilities, benefits, and how to find other information about the IRR.**

**1. Responsibilities.** A member of the IRR has certain obligations required by public law and Naval Regulation. Visit <http://www.nrpcweb.nola.navy.mil> for more information. You must:

- a. Keep the Naval Reserve Personnel Center informed of:
  - Residence/Mailing Address (via mail, telephone or our website)
  - Marital and Dependency status
  - Civilian Employer and Occupation
  - Changes in education, licenses or skills
  - Changes in physical condition which could affect readiness
  - Any changes in status that could affect readiness for recall to active duty
- b. Participate in the Continual Screening Program by responding to **ALL** correspondence either by mail, phone or via our web site.
- c. Maintain physical readiness and obtain physicals when required.
- d. Maintain your uniforms in serviceable condition.
- e. Meet participation requirements, specifically:
  - Officers with less than 20 years of qualifying service are required to earn a minimum of 27 points per anniversary year. **Note: A member must earn 50 points per anniversary year for a qualifying year of service.**
  - There is no minimum participation requirement for Enlisted personnel with less than 20 years of qualifying service.
  - Officers and Enlisted personnel with more than 20 years of qualifying service are required to earn 50 points per anniversary year.
  - Navy Personnel Command (NPC) may transfer personnel who do not meet the minimum participation requirements to the Standby Reserve (S-2). Retirement point credit is not authorized while in S-2 status.
  - Reservists whose anniversary year closes on or after October 30, 2000, may be credited with up to 90 IDT points (sum of drills, correspondence courses and membership points) as indicated in the National Defense Authorization Act of 2001.

## **2. Benefits.**

- a. Reenlistment/Extension – members of the IRR (S-1) E-3 or above, may be eligible to immediately reenlist for 2-6 years or extend for 2-4 years anytime during the last 12 months prior to their Expiration of Obligated Service (EOS) date, provided all eligibility requirements are met. Some rates/NECs may qualify for a Reenlistment Bonus.
- b. Retirement – members of the IRR may receive retirement pay and benefits at age 60 if they accumulate 20 qualifying years of service. To obtain a qualifying year, members must earn a minimum of 50 points per year. Retirement points may be earned through:

- Membership/gratuinity points (15 points per year, credited automatically)
  - Completion of correspondence courses
  - One point per day for each day of Active Duty For Training (ADT)
  - Participation in authorized programs, i.e. Campus Liaison, Sea Cadets, Naval Academy Information Program (formerly called Blue and Gold Program), Professional Seminars, etc. **Please note that you must be affiliated with a Voluntary Training Unit (VTU) to participate in some of these programs.**
- Please include SSN with all inquiries about eligibility for authorized programs.**
- c. Dental Insurance- For more information and how to enroll contact United Concordia via telephone at 1-888-622-2256 or online at <http://www.ucci.com> by selecting the "TRICARE (TDP)" link.
  - d. You have 120 days to convert your SGLI to VGLI, up to \$250,000 of Veteran's Group Life Insurance (VGLI), call 1-800-419-1473 or go to the VA website at: <http://www.insurance.va.gov/sgliSite/default.htm> for more information.
  - e. Reserve Component Survivor Benefit Plan (RCSBP) coverage upon retirement
  - f. Armed Forces Reserve Medal
  - g. Unlimited use of Military Exchanges with valid Identification card
  - h. Unlimited access to Category "C" MWR facilities (clubs, marinas, golf courses, etc.) with valid identification card
  - i. Commissary Privilege Card - for 24 visits to commissary when an IRR member obtains 50 points in a **calendar** year. Also issued when you are in receipt of a Notice of Eligibility for Retired Pay.
  - j. Department of Defense Guard and Reserve Family Member Identification Card (issued upon request to spouse and family members age 10-21 for exchange, MWR, etc.)

### 3. Promotion and Advancement.

- a. Enlisted personnel are not eligible to take an advancement exam or advance to the next higher grade while in the IRR.
- b. Officers are eligible for promotion while in an IRR status. It is important that officers, particularly LCDRs, understand that they are subject to attrition from an active status when twice failed to select for the next higher grade (see BUPERSINST 1001.39C, sec 105, for more information).

**4. Active Duty for Training (ADT).** A member of the IRR may request to perform up to 29 days of Active Duty for Training (ADT) per year. This training is designed to update mobilization-related skills or may, in certain circumstances, provide fleet support. Contact Naval Reserve Personnel Center's ADT Coordinator at 1-800-535-2699 or E-mail at "NRPC\_ADT@navy.mil" for more information about the application procedure.

**5. Correspondence Courses.** IRR members may order unclassified correspondence courses from the following activities:

- Naval Education and Training Development Activity. Call 1-877-264-8583 or their web site at <https://www.cnet.navy.mil> to get information about ordering correspondence courses.
- Naval Dental School, Bethesda, MD. Call: (301) 319-4832 (Dental officers only)
- Naval School of Health Sciences, Portsmouth, VA. Call: (757) 953-5042
- Naval War College, Newport, RI. Call: (401) 841-2135 or online at <http://www.usnwc.edu/nwc/>